

Daily Menu for May Sands Montessori School

STUDENT NAME: _____ **DATE:** _____

BREAKFAST (Order is for the next day/week, only)

- _____ Banana bread
- _____ Yogurt w/muffin
- _____ Bagel w/cream cheese or jelly
- _____ Cereal (cinnamon toast, honey nut oats)

All items comes with regular milk, juice or fruit

LUNCH

- _____ PBJ Combo
 - _____ Yogurt Combo
 - _____ Yogurt Parfait
- Milk:** _____ Reg. _____ Choc.

Sandwiches:

- _____ Tuna salad
- _____ Egg salad
- _____ Turkey & cheese
- _____ Ham & cheese
- _____ Cheese burger
- _____ Chicken sandwich

Salads:

- _____ Turkey
- _____ Ham
- _____ Tuna
- _____ Egg
- _____ Chicken

Wraps:

- _____ Chicken
- _____ Turkey
- _____ Ham
- _____ Tuna
- _____ Veggie

All meals come with milk, juice, and fruit