



# Montessori Practical Life Age Chart



## Toddler Tasks

Help prepare snacks  
Help with dishes  
Help set the table  
Help feed the pets  
Pick up toys  
Put books back on the bookshelf  
or in a basket  
Throw trash away  
Help with laundry - putting it  
in the washer and taking it out  
of the dryer  
Hanging clothes to dry  
Fold washcloths  
Sweep small areas  
Pick out clothes to wear

## Age 3-6 Tasks All previous chores plus:

Sweep  
Help vacuum  
Help prepare meals and snacks  
Set and clear table  
Help wash dishes  
Feed pets  
Clean mirrors and windows  
Make their bed  
Sort clothes, hang to dry, help  
fold  
Tend to the garden  
Tidy their room  
Polishing silver  
Wiping the table before and  
after meals

## Age 7-10 Tasks All previous chores plus:

Take out the trash and  
recycling  
Wipe down bathroom sinks  
and tubs/showers  
Prepare small family meals  
(parent staying in kitchen for  
help and supervision)  
Mop and vacuum more  
thoroughly  
Dust thoroughly  
Help with lawn care

## Age 11 and Up Tasks All previous chores plus:

Do the laundry  
Help build and fix things  
needed  
Mow the lawn  
Help write out a weekly meal  
plan  
Help prepare and cook larger  
meals  
**Children of this age are  
capable of learning & helping  
with most grown-up tasks.**