## MAY SANDS MONTESSORI SCHOOL

## a public school of choice

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August 2021

## Return-to-School Guidelines for School

Students/faculty with COVID-19 symptoms and/or a positive test who were directed to care for themselves at home may end self-isolation when:

- At least 10 days have passed since symptoms first appeared and
- Fever free without the use of fever-reducing medications, and
- Improvement in symptoms (ie. Cough, shortness of breath) for at least 24 hours.
- NO symptoms and negative COVID-19 test by a provider. (Home test will not clear an earlier return).

Persons with laboratory-confirmed COVID-19 who have not had any symptoms may discontinue self-isolation when at least 10 days have passed since the date of the test and have had no symptoms.

Persons suspected of having COVID-19 who have been tested and receive a negative PCR test may discontinue isolation precautions provided they feel well and are <u>cleared</u> by a medical provider.

If you are a close contact to a case (less than 6 feet for 15 minutes or more in the course of a day) and NOT vaccinated, you should quarantine for 7 days since the last contact. If fully vaccinated, you will not need to quarantine unless you develop symptoms or have a positive COVID test.

If you develop symptoms, please reach out to a medical provider for evaluation and guidance. If a home test is used and positive, stay home for 10 days since symptoms started. All close contacts to you will need to quarantine. Please have parents reach out to the school nurse and/or attendance so absences can be marked accordingly.

Persons having COVID-like symptoms (fever, shortness of breath, new or worsening cough, congestion, diarrhea, nausea/vomiting, body aches, chills, sneezing, runny nose, sore throat, loss of taste/smell, headache) and <u>not</u> evaluated by a provider, must follow CDC guidelines and remain home for 10 days since symptoms first appeared. Seeing a medical provider for evaluation can shorten this duration with documentation of when to return. If someone in the household is ill and being tested, all other children should stay home and await guidance by the medical provider.

\*\*Subject to change with updated CDC guidance\*\*



Superintendent of Schools



School Health Staff