

Dear Seahorse Families,

Thank you to all our parents who volunteered on our Peace March last week. It was a peaceful walk with our children, and it wouldn't be possible without your support.

Our students continually practice grace and courtesy, protect each other's feelings and social interactions, and solve misunderstandings/problems appropriately. We are also working on making great choices, being truthful to our choice, and putting that into action.

Since our classroom is slowly normalizing, we are beginning our monthly Unit Studies/ Creative Curriculum along with our Montessori-State Standard-Early Learning curriculum. I will introduce one concept each month according to the season. We are teaching the reason and adding real value to the ideas that the children experience in the outside world. For example, in October, we discuss our body parts and the importance of skeleton while it is Halloween season, and children talk about a skeleton. And then, as a continuation for that, the following month, introduce Vertebrates and Invertebrates as the children already knew about the spinal cord, and it's another name. Please find the attached document for our Monthly Unit Studies.

School Picture Day:

Our classroom picture day(individual and group photos) is October 7, Thursday. Please make sure your child is coming on time, as it will take place early in the morning.

Attendance:

Children at a young age or any age thrive through the constant routine. The Seahorses are now feeling comfortable and confident in our classroom community and at our school. The feeling of belonging to a community is essential for children to succeed. Thank you for sending your child to school every day and making sure they are well-rested and eating breakfast before leaving the house.

Snack and Lunch: (Gentle reminder)

I shared the information about snacks and the lunch policy at our school at the beginning of the school year. Please find the attached document for the snack and lunch policy. The sugary items (muffins, chocolate cookies, etc.) are not allowed at our school. I appreciate your understanding that we are doing this for your children and their development.

Parent-Teacher Conference:

Next month, our first parent-teacher conferences are coming, and I will send a separate email with details and a sign-up link.

Toys/accessories:

Our classroom has didactic Montessori materials in all the areas. The toys and accessories(necklace/rings) are a distraction for the children's learning. Would you please help your child keep the toys/accessories at home? We use the backpack only to store/transport the extra cloth, blanket, and work rugs.

Parent-Teacher Communication Folder:

We sent the orange color communication folder home with our young students yesterday. Could you please fill and return the form and the folder?

Please read the following information regarding lunch/snack items,

We say no to the following foods/snacks,

1. Snacks that are rich in Sugar / Sugary snacks
2. Chocolates / Chocolate chip cookies

Here is the section of our school handbook regarding packing healthy lunch items:

Lunch

Our school community places great emphasis on the importance of good nutrition as the first step to a lifelong wellness program. We rely on parent support to help teach the students about health and nutrition.

Packing a healthy lunch shouldn't be a challenge; natural and minimally processed foods are relatively easy to pack. Prepackaged "kid's meals" contain an overabundance of sodium and preservatives and very little nutrition and are strongly discouraged. Sugary desserts such as cookies & cupcakes are not appropriate for school lunch. **Gum, candy, soda, and caffeinated beverages are not permitted.** May Sands Montessori School encourages the purchase of organic fruits whenever possible, as they are not contaminated with harmful pesticides. Read food & drink labels; avoid corn syrup, high fructose corn syrup, artificial sweeteners, partially hydrogenated or hydrogenated oils, the food preservative BHT, and any artificial food colorings.

Students who bring lunch to school must have a labeled lunch box. **Families may not send food that requires heating to school.** Many foods can be heated at home and packed in a thermos, which will keep warm until lunchtime. We encourage the use of reusable or recyclable containers so that students can take home any uneaten food

Unit Studies / Creative Curriculum

September

Fall theme - incorporate fall related objects/materials in all the areas

October

Living and Non-Living

Parts of a Body

Skeleton

Pumpkin - parts - life cycle

November. - Harvest Sharing Month

Sharing

Corn - Parts - Practical Life lessons

Vertebrates vs Invertebrates

December - Winter Theme - in all the areas

Zoology - Animal Kingdom

January

Geography and History

-Direction

-Days of the Week

-Months of the Year

February - Friendship sharing Month

Earth Science

-Layers of the Earth

-Volcano

March - Spring Theme - in all the area

Birds

-Butterfly Life Cycle

-Parts of a Flower

-Focus on Continent Study: countries, culture, people, biomes, arts, music

April , May

Cultural Studies continues.